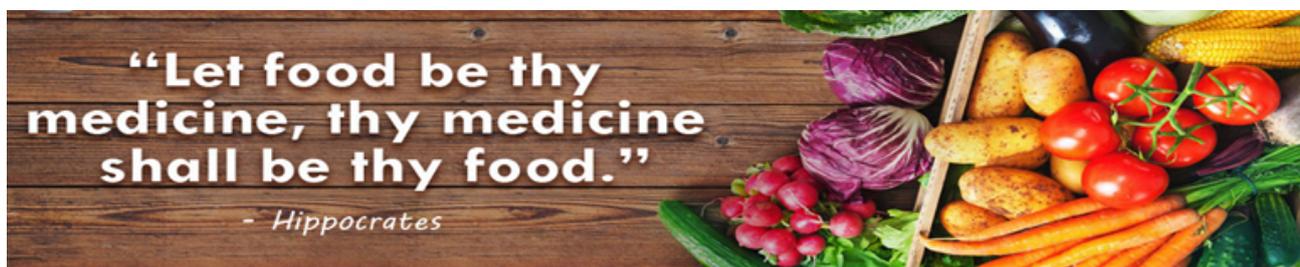

Department of Nutrition and Dietetics Newsletter



About the Department

The Department of Nutrition and Dietetics, established in 2017, offers Undergraduate and Postgraduate programs with modern infrastructure, well-equipped laboratories, and the Healthy Hive Studio (Diet Counseling Centre). Supported by qualified staff, the department emphasizes academic excellence, evidence-based practices, and holistic education. Through diverse activities like health programs, industrial visits, and research, it prepares students to excel in clinical, community, and food service roles while addressing global nutritional challenges.

Vision

To empower students in nutrition and dietetics with exceptional education, innovative research, and practical skills to create a healthier world.

Mission

- It creates and shares knowledge to ensure safe healthy and appealing food supply that supports the well-being and prosperity of people and the environment.
- Contributing to the fundamental knowledge of how nutrients and food components function at cellular, systematic, and whole body levels and impact human health and disease.
- Delivering innovative, research-based interventions and service programs which alter meal patterns and food choices with the goal of improved health of individuals, families, and communities.

In this newsletter you can expect:

About the
Department

Vision & Mission

Department
activities

Students'
achievements

Faculty
achievements



Courses offered

B. Sc., Nutrition & Dietetics

Duration: 3 years

Eligibility for Admission: Candidates shall be required to have passed the Higher Secondary Examinations in the general/ vocational stream (Chemistry with Biology or Home Science)

M. Sc., Nutrition & Dietetics

Duration: 2 years

Eligibility for Admission: An Under Graduate degree in Foods and Nutrition / Nutrition and Dietetics/ Food Science and Nutrition/ Clinical nutrition and Dietetics/ Nutrition, Food service management and Dietetics / Home Science.

Department activities - 2024 - 2025

Workshop on Diet Counselling Skills & Techniques



Nutrition Camp at Kalaivani Kalvi Nilayam, Chennampatty



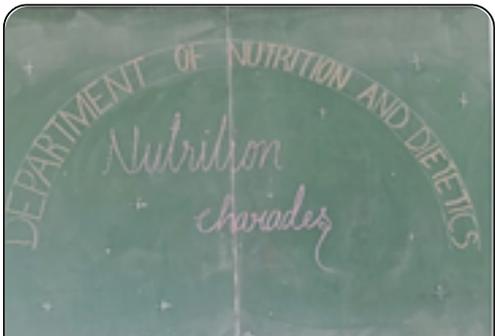
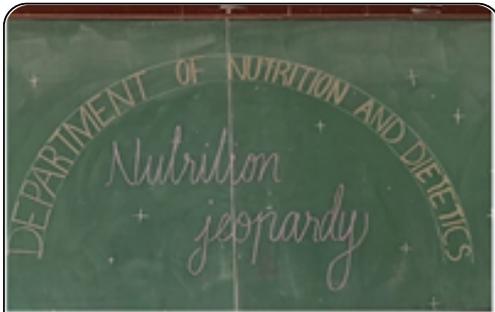
Awareness Rally on World Breastfeeding week



Mocktails display in Nutrition month celebration



Nutri-Galaxy Club activities



3rd National Conference "Futuristic Trends in Biological Sciences for Sustainable Development"



Internal Quality Assurance activity at RTT Canteen & Mess



**Diet Counselling Centre
Inauguration - Healthy Hive Studio**



**Guest Lecture - Nutrition and
Health in Equities in India**



**Mime Show for National Nutrition
Month Celebration**



Educational Tour - Kodaikanal



**Industrial Visit - MKG Bakery
Visit, Tiruchengode**



**Industrial Visit - Sakthi Sugars,
Erode**



Students' achievements

- Vidya V & Meghalya M Participated in Cook with Buthisaali in Janson institute of Technology won the 2nd Prize on 31.08.2024
- 4 Students of the department participated in the Poster Presentation on Holistic Approaches to Bone Health: Combining Nutrition and Food Safety , St. Joseph College of Arts and Science, Hosur Won 1st Prize.
- 5 Students of the department participated in the Poster Presentation in a National Conference organised by, Kongunadu Arts and Science College, Won Best Poster Presentation.
- The Students of the Department participated in various workshops, conferences and inter / intradepartmental events.

Faculty achievements

- All the Faculty members from the Department of Nutrition and Dietetics participated in various International, NationalLevel Webinars, Faculty Development Programme and TrainingProgrammes Organised by Various Universities and Funding Agencies.

Thank you for reading!
