



SANKAGIRI
VIVEKANANDHA
ARTS AND SCIENCE COLLEGE FOR WOMEN
Veerachipalayam, Sankagiri, Salem



Department of Nutrition and Dietetics

We make lives healthy..!

Chairman's message

It gives me great pleasure to witness the growth and accomplishments of the Department of Nutrition and Dietetics. The department stands as a pillar of academic excellence, practical learning, and community engagement. With a dedicated team of faculty and a strong focus on evidence-based education, we are committed to nurturing future nutritionists and dietitians who will contribute meaningfully to health and wellness in society. I extend my best wishes to all students and staff in their continued journey of learning and service.



Prof. Dr. M. Karunanithi, B.Pharm., MS., PhD., D.Litt.,
Chairman & Secretary
Vivekanandha Educational Institutions & Hospitals
Tiruchengode & Sankagiri



Dr. V. Padmanabhan, M.Com., M.Com (CA), MBA., PhD., NET.,
Principal,
Vivekanandha Arts and Science College for Women,
Sankagiri, Salem

Principal's message

The Department of Nutrition and Dietetics plays a vital role in shaping professionals who contribute to the well-being of individuals and communities through scientific nutrition knowledge and compassionate care. I am proud of the department's commitment to academic excellence, innovative research, and hands-on training. Our students are equipped not only with theoretical insights but also with practical skills to face real-world health challenges. I commend the faculty and students for their dedication and encourage them to continue striving for excellence in promoting a healthier future.



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*"Transforming
lives
through nutrition."*



About the Department

The Department of Nutrition and Dietetics, established in 2017, offers undergraduate and postgraduate programs with modern infrastructure, well-equipped laboratories, and the Healthy Hive Studio (Diet Counseling Centre). Supported by qualified staff, the department emphasizes academic excellence, evidence-based practices, and holistic education. Through diverse activities like health programs, industrial visits, and research, it prepares students to excel in clinical, community, and food service roles while addressing global nutritional challenges.

Vision

To empower students in nutrition and dietetics with exceptional education, innovative research, and practical skills to create a healthier world.

Mission

It creates and shares knowledge to ensure safe healthy and appealing food supply that supports the well-being and prosperity of people and the environment.

Contributing to the fundamental knowledge of how nutrients and food components function at cellular, systematic, and whole body levels and impact human health and disease.

Delivering innovative, research-based interventions and service programs which alter meal patterns and food choices with the goal of improved health of individuals, families, and communities.



Domain in Focus

The domain of Nutrition and Dietetics focuses on the science of nutrition and its application to health and disease. Professionals in this field work to promote healthy eating habits, prevent disease, and improve overall health outcomes. Key areas of focus include clinical nutrition, community nutrition, sports nutrition and public health nutrition. They assess nutritional needs, develop personalized plans, and provide education on healthy eating habits. By applying evidence-based practices, nutrition and dietetics professionals aim to enhance quality of life and reduce the risk of chronic diseases.



Faculty team



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Faculty achievements

- Participated in national Webinar on “Grapes Processing & Value Addition” organized by NIFTEM, Tanjore on 30.07.2025
- Organized a Guest lecture for World ORS Day entitled “The Impact of Gut Microbiome on Nutrition” on 30.07.2025



Dr. A. Shanmugapriya,
Assitant professor & Head



Mrs. M. Sudha,
Assitant professor

- Organized an expo on “Celebrating International Fruits Day” on 09.07.2025.
- Participated in national Webinar on “Grapes Processing & Value Addition” organized by NIFTEM, Tanjore on 30.07.2025

- Participated in Faculty Development Program, organized by Naan Mudhalvan team, Govt. of Tamil Nadu, at Periyar University, Salem from 23.06.2025 to 28.06.2025
- Organized a Guest lecture for Hepatitis day awareness on 28.07.2025
- Participated in national Webinar on “Grapes Processing & Value Addition” organized by NIFTEM, Tanjore on 30.07.2025



Ms. B. Dhanusha Devi,
Assitant professor

Faculty achievements



Ms B.Megha

Assitant professor

- Organized club activities entitled Nutri- Thoughts on 25.07.2025
- Participated in national Webinar on “Grapes Processing & Value Addition” organized by NIFTEM, Tanjore on 30.07.2025

- Participated in Online Faculty Development Program, Amity Institute of Applied Sciences, Kolkata from 14.07.2025 - 18.07.2025.
- Organized Entrepreneurship activities through food stalls on 16.07.2025 & 23.07.2025
- Participated in national Webinar on “Grapes Processing & Value Addition” organized by NIFTEM, Tanjore on 30.07.2025



Ms. S.Kavipriya,
Tutor

Student achievements



Boot camp – IIC

Four M.Sc. Nutrition & Dietetics students participated in the Indian Sustainability Startathon 2025 Boot Camp held on 10th and 11th July 2025 at PSGR Krishnammal College for Women, Coimbatore.



Selected in the Handloom Fashion Show



Ms. R.Renuka

II M.Sc. Nutrition and Dietetics

UG and PG students participated in the Handloom Fashion Show organized by the Department of Costume Design and Fashion in association with Makkal Sevai Mayyam on 24th July 2025 at Srinivasa Mahal. One student was selected for the next level of the event.

Student achievements



National Conference participation

Our UG students participated & presented a paper in the National Conference on "Defensible Development in Environmental Management and Life Sciences", organized by the PG & Research Department of Biochemistry, Bharathidasan College of Arts and Science, Erode. The event was held on 18th July 2025.



I UG Fresher's greet

The I UG Inauguration Function was organized by seniors to warmly welcome and guide first-year students. It fostered mentorship and a sense of community to kickstart their academic journey.



Entrepreneurship activities

CRAVES ZILLA - Food Stall



The food stall event offered students practical experience in menu planning, cooking, and stall management while promoting healthy eating. It enhanced their teamwork, creativity, and communication skills, contributing to both academic and personal growth.

Exhibition for Celebration



The Expo organized on International Fruits Day enhanced awareness about the nutritional benefits and diversity of fruits. It encouraged healthy eating habits and showcased creative fruit-based displays and innovations.

Guest Lectures



Guest Lecture for World Hepatitis Day

The guest lecture on Hepatitis Awareness: The Silent Threat highlighted its types, risks, and prevention strategies. It emphasized early detection, vaccination, and healthy habits to raise awareness and encourage proactive prevention.



Guest Lecture for World ORS Day

The guest lecture on "The Impact of Gut Microbiome on Nutrition" highlighted the crucial role of gut microbiota in nutrient absorption, metabolism, and overall health. The lecture emphasized the importance of maintaining a balanced gut microbiome through diet and lifestyle choices to support optimal nutrition and well-being.



Club activities



Dumb Charades & Jumbled Words

The club activity on Dumb Charades and Jumbled Words in Anatomy and Pathology offered a fun, interactive way to reinforce subject knowledge while promoting teamwork and quick thinking



Nutri Thoughts: Quiz & Connection Games

The “Nutri Thoughts” club activity, with quiz and connection games, engaged students in testing nutrition knowledge while enhancing critical thinking, teamwork, and subject understanding through fun learning.



Field Visit



Vivekanandha Medical Care
Hospital (VMCH),
Tiruchengode

The hospital visit provided students with practical exposure to clinical settings, enhancing their understanding of patient care, diet planning, and the role of nutrition in healthcare.



Vivekanandha Educational Institutions

Tiruchengode campus

- **Swamy Vivekanandha Medical College Hospital and Research Institute**
- **Vivekanandha Dental College for Women**
- **Swamy Vivekanandha College of Pharmacy**
- **Vivekanandha College of Nursing**
- **Vivekanandha School of ANM**
- **Swamy Vivekanandha Physiotherapy College**
- **Vivekanandha Allied Health Science (Co- Ed)**
- **Krishna Institute of Optometry & Research**
- **Vivekanandha Institute of Health Science & Research (Boys)**
- **Krishna Institute of Health Science (Boys)**
- **Vivekanandha College of Engineering for Women (Autonomous)**
- **Vivekanandha College of Technology for Women**
- **Vivekanandha Institute of Information and Management Studies**
- **Vivekanandha College of Arts & Sciences for Women (Autonomous)**
- **Vivekanandha College for Women**
- **Vivekanandha College of Education for Women**
- **Krishna College of Education For Women**
- **Krishnasree College of Education For Women**
- **Vivekanandha Vidhya Bhavan Matric Higher Secondary School**
- **Vivekanandha Medical Care Hospital (VMCH)**

Sankagiri campus

- **Swamy Vivekanandha Naturopathy and Yoga Medical College**
- **Vivekanandha Pharmacy College for Women**
- **Vivekanandha Nursing College for Women**
- **Vivekanandha Arts & Science College for Women**
- **Vivekanandha ANM School Rabindranath Tagore College of Education for Women**
- **Viswabharathi College of Education for Women**

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